NO EIDO

Outober 2026 - May/June 2027

ESC Volunteering

SOMOSTERRA

ABOUT US

Established in 2019, the SOMOSTERRA cooperative exists to implement the socio-ecological transformation in the Galician territory, through educational programs, projects for local cooperation and volunteering.

ABOUT US

Our main activities are:
- Enviromental educational programs
- Sustainability volunteer programs
- Design, creation and maintenance of school and urban gardens, edible forests and agroecological spaces.

ABOUT NIGRÁN

Nigrán is a town on the coast of Galicia that is highly touristic during the summer months, but with fewer activities in winter. It is a growing rural area with highly urbanized areas. It is also 30 minutes by bus from the city of Vigo.

In Galicia it rains all year round and during autumn and winter there are usually storms. It is not the characteristic Mediterranean climate of Spain.

ABOUT THE PROJECT

The project consists of revitalizing agricultural land through the creation of an edible forest with the participation of citizens, to encourage a sustainable management of the forest, and an effective and environmentally friendly food production. We seek to turn the forest into a place for citizens to spend their leisure time with environmental and educational activities; also a promotion of the natural and cultural heritage.

EDIBLE FOREST

We seek to revitalize the forest through the creation of an edible forest with the participation of citizens, to encourage sustainable forest management and effective and environmentally friendly food production. The project aims to provide the community with an edible forest to promote local and ecological production, as well as to empower citizens in self-cultivation and responsible consumption, and, finally, as well as promoting the consumption of harvest products.

WHAT DO YOU NEED TO BRING?

- The best energy and desire to participate and learn of each situation.
- An open mind to revise our habits and lifestyles and to dig into the ecosocial transition we are moving into.
- A lot of motivation to challenge yourself.
- Infinite respect and tollerance to the different people with whom you will coexist.

ACTIVITIES

- Planning, design, and implementation of the edible forest project.
- Training in sustainable forestry practices, permaculture principles, and techniques for establishing and maintaining an edible forest ecosystem.
- Creating activities to work with the community to involve our neighbours on the ecological transition.

WHAT WILL YOU GET?

- You will develop a deeper understanding of social inclusion, sustainable development, and the role of community-based initiatives in addressing societal challenges.
- You will have the chance to expand your skills, gain practical experience, and contribute to a meaningful project that creates positive change.
- The experience will foster cross-cultural exchange, personal development, and a sense of global citizenship.

PARTICIPANTS PROFILE

We are looking for people committed to the environment who seek to change the world towards a fairer and more sustainable model. Volunteers must know how to work in a team and seek cooperation.

During the project we will work with various groups at risk of exclusion: drug addicts, people with functional diversity, children and the elderly. Tolerance and respect are very important qualities.

ESC CONDITIONS

- **150 €/month** as food allowance
- **Travel costs** reimbursement (there is a maximum for coming and going)
- **Galician** language classes
- **180 €/month** as pocket money
- **Accommodation**

ACOMMODATION

The volunteers will live in a:

- Shared flat with:
  - Your own room
  - Shared kitchen, bathroom, and common rooms with the rest of the housemates.
- The apartment is located near the sea and consists of two/three rooms, one bathroom, a kitchen, a large living room and a garden.
- Transportation from the apartment to the workplace will sometimes be by public transport.

REQUIEREMENTS

- Age 18-30 years old.
- High motivation to learn and to participate in different activities.
- To be a potential change agent.
- Have a profile in the ESC platform.
- Be able to join us during 9 months.

AFTER THE SELECTION WE WILL CONTACT YOU TO HAVE AN E-MEETING AND SEE IF WE MATCH TOGETHER :)

SOMOSTERRA

THANK YOU

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